

JUNE 2024



The Gainesville Phoenix Woman's Club, Inc. Newsletter

A member of the General Federation of Women's Clubs International



Recent Successes:

Fifteen members enjoyed Joan's great culinary program, along with samples, at last month's meeting

Five members attended the first annual Sandra Deal Scholarship Award ceremony

Two members wrapped 100 senior gifts for TFS graduating seniors

Members brought wrapped snacks to celebrate the Hall County School bus drivers

Eight members hosted a Mother's Day pop-up shop for Gateway children to shop for their moms

Two members delivered snacks to the Hall County bus drivers

Five members met to discuss the Murder Mystery Fundraiser this fall

**The GFWC Gainesville
Phoenix Woman's Club, Inc**

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Gainesville, GA 30503

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770-540-6445 cell

From the President's Desk...



Members,

Temperatures are rising and summer is here!!

June 6th is our board meeting at Susan Miscally's house at 1pm. The general meeting will be June 20th, Education and Libraries has the program. Social time from 6-6:30pm and the meeting will start at 6:30pm. Please bring your beautiful self, name tag and your report to these meetings. Our shirts should be ready for distribution at the general meeting!!

Check out the newsletter for all we have planned this month. Keep working on selling For Her Glory tickets, soliciting donations and making sponsorship contacts. This project is club wide and we need everyone's support to make it successful.

*In federation
love,
Debbie*



June General Meeting

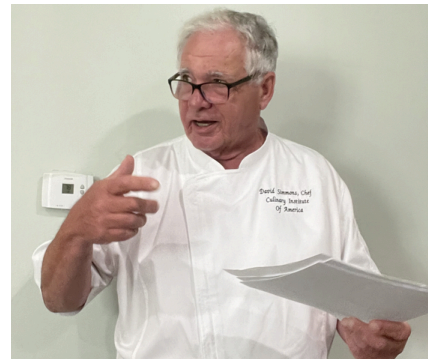
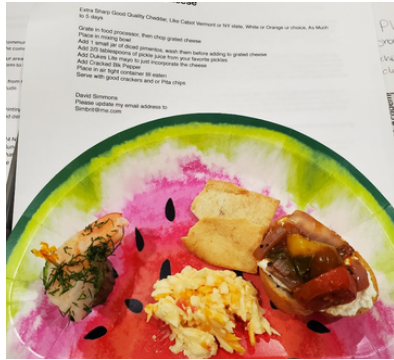
**Thursday, June 20
6:30 p.m.**

Place to be determined

Watch your email for notification!

ART & CULTURE CSP

Thank you to Joan and her culinary expert, Chef David, we enjoyed a wonderful program, including samples, of culinary art!



When you are describing art, what comes to mind? Museum walls of impressionist works? A child's doodle taped on your refrigerator? A magnificent, hand-carved bowl turned to perfection? Art is defined in Webster's dictionary as "The skill acquired by study, skill or observation" and "the conscious use of skill and creative imagination especially in the production of aesthetic objects." Each of us has our own opinion of what art is to us. Art takes us to a place where we appreciate the GIFT, as well as the masterful giver, for the artist has touched our soul with creative beauty and a lasting memory or experience.

Smithgall Arts Center Summer Schedule

SAT. JUNE 8 AT 4:30PM
HARMONY IN MOTION

SEYA & GAINESVILLE BALLET COMPANY

SAT. JUNE 22 AT 8PM
DOOKIE

AMERICA'S PREMIER GREEN DAY TRIBUTE BAND

SAT. JUNE 29 AT 8PM
THE BLACK GOLD ORCHESTRA

EDUCATION AND LIBRARIES CSP

Congratulations to Samantha Walton from Flowery Branch High School, winner of the first annual Sandra Deal Memorial Scholarship award.



Education CSPs: 2024-2026

Peggy, Jean, and
Caroline



Three buckets of snacks were delivered to the Hall County bus depot for the drivers and workers to enjoy! They were thrilled!

Please bring empty individual water bottles to the June meeting. We will make a classroom project with them. Education has the program for June.



Environments CSP:
2024-2026
Renette



Are you working
on your entry?



Civic Engagement CSP:
2024-2026
Cindy

ENVIRONMENTS CSP



Leaves of three, let it be!

Walks in the woods are good for your health, unless you stumble across a few unfriendly plants. Touching some plant saps, stems, or leaves may cause a skin rash. Parts of many plants may lead to severe gastrointestinal upset if eaten. Safe over sorry!

The summer solstice is June 21. It's the official beginning of summer in the northern hemisphere. "At the solstice, the angle between the sun's rays and the plane of the Earth's equator appears to stand still. This phenomenon is most noticeable at the Arctic Circle where the sun hugs the horizon for a continuous 24 hours, thus the term "Land of the Midnight Sun." One might think that since it is summer in the Northern Hemisphere, the Earth is closest to the Sun during the June solstice. But it's the opposite. The Earth is actually farthest from the Sun during this time of the year. The June solstice holds a special place of celebration in many cultures. People around the world celebrate the day with feasts, picnics, dance, and music.

Our work day in the Sardis Garden will be Saturday, June 15, beginning at 9:00 a.m. We will water, weed, lay drain pipe, put out fire ant killer, and cut and trim bushes. If you can help, please let Renette know! A watering schedule will be available for folks to sign-up at the June meeting. Please consider helping water in the garden..

CIVIC ENGAGEMENT & OUTREACH CSP

America's healthcare system is contending with one of the largest generations in history entering its later years, and veteran patients tend to be older, sicker, less resourced, and more likely to live in rural areas than users of other healthcare systems. Surveys show that roughly 90% of all aging adults would prefer to remain at home for care rather than be admitted to a long-term care facility. Veterans are no different. Legislation is pending in Congress which would expand veteran home health programs and provide additional resources to caregivers. In honor of Memorial Day, take action to urge Congress to enact the Elizabeth Dole Home Care Act.

Memorial Day, originally known as Decoration Day, is a federal holiday in the United States for honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces. From 1868 to 1970, it was observed on May 30. Since 1971, it is observed on the last Monday of May.

Many people visit cemeteries and memorials on Memorial Day to honor and mourn those who died while serving in the U.S. military. Many volunteers place American flags on the graves of military personnel in national cemeteries. Memorial Day is also considered the unofficial beginning of summer.



Three members placed our red/white/blue wreath at the Veteran's Memorial Park.



HEALTH & WELLNESS CSP

It's time to hit the beach, lake, river, golf course, and tennis court! Did you know the sun will be out - and out to get your skin! Protect your skin!!!!

1. Sunscreen can be physical or chemical. If an active ingredient is titanium dioxide or zinc oxide, it is a physical screen. If not, it is a chemical screen. Both protect the skin.
2. Dermatologists recommend an SPF of at least 30 which blocks 97% of the sun's UVB rays. No sunscreen blocks all the rays. Most people do not apply enough sunscreen or replace it every 2 hours.
3. Wear sunscreen everyday on all skin not covered by clothing when you are outside. If you use enough, and often enough, sunscreen should not last long, but you should throw away sunscreen after the expiration date has passed.
4. Sunscreen may decrease the skin's production of Vitamin D, but a healthy diet or a supplement should be all you need without risking skin cancer.
5. The FDA has regulations on sunscreens to keep consumers safe. Science shows that any sunscreen ingredients currently available in the U.S are not harmful to human health. Research has shown that any of the ingredients that might be absorbed are NOT harmful or unsafe.
6. If you get a sunburn, take frequent baths or showers to relieve the pain; soothe the skin with aloe vera or soy moisturizer; take aspirin or ibuprofen to reduce swelling and discomfort; do not pop the blisters; seek shade and wear protective clothing.
7. Wear sun-protective clothing with lightweight and long-sleeved shirts, pants, wide brimmed hat, and sunglasses.

Remember, it is well established that ultraviolet rays are a major risk factor for skin cancer. There is NO safe way to tan. Every time you tan, you damage your skin. As this damage builds, you speed up the aging of your skin and increase the risk of skin cancer. The US Department of Health and Human Services and the World Health Organization's International Agency of Research on Cancer have declared UV radiation from the sun and artificial sources, such as tanning beds and sun lamps, as a known carcinogen!

Officer Reports:

Vice President, Jill Bagley: We will be supporting Treats for Troops. This 15 year established organization works out of the VFW building in Cumming. We are helping with this project by writing personal thank you notes. A note will be enclosed in each goody box. Please write several over the next month and bring them to any meeting. I will deliver them for the August 6 packing date.

Sample thank you note:

Dear soldier,

We thank all of you men and women that have sacrificed so much so that we could have a better life and a safe country to call home. Thank you for your dedication and service.

Secretary, Susan Miscally: The minutes from the May meeting are attached. *Sincerely,*

Treasurer, Renette Todd: All members, past and present, should have received a letter regarding their membership status. What will be your active roll in 2024? Active dues: \$60, patron dues: \$45.



Phoenix will host a table at the Empty Bowl Luncheon in September. Mark your calendar for Friday, September 27th, 11:00-1:00 (the day before the NE District Fall Meeting).

Where Our Money Goes

Each month we will highlight a group or organization that we support either financially or with our time and energy. This month we will learn about Family Ties.

Family TIES of Gainesville, 615 Oak Street, Ste 700, Gainesville, GA

Family TIES is a nonprofit organization dedicated to helping families provide a safe, nurturing and positive environment for their children and teenagers. Our programs seek to educate prenatal parents and parents with children up to age 18. We serve families who are wishing to improve their parenting skills as well as families who are incarcerated or mandated by DFCS or the court system.

We also offer programs for teenagers whose parents are enrolled in our Empower Parents class, and for middle school students in the YMCA afterschool program. These classes are aimed at helping teens deal with issues of bullying, drugs, self esteem, anger management, and character building.

***"When parents change themselves for the better,
their children will too!"***

(770)287-3071

615 Oak Street, Suite 700
Gainesville, GA 30501



Social Media update:

The website is up and live! Please send pictures and CSP project news to Shannon at: shannon.richard@me.com.

Here are our new social media accounts:

Facebook:

GFWC Gainesville Phoenix Woman's Club is our business account and public to all. Please like, join, and share!

Gainesville Phoenix Woman's Club is our group page and will soon only be for members only.

Instagram:

gfwcgpwc

Please follow if you are on Instagram. Posting pictures is great exposure.

Website:

GFWCgainesvillephoenixwomansclub.org. Please send articles, pictures, and news to post on the website to Shannon.

Email:

gfwcainesvillephoenixwc@gmail.com

Did you know?

GFWC is a community service organization with many levels of leadership and membership. The Executive Committee and Board of Directors, which consists of Region Presidents, State Presidents, State Directors of Junior Clubs, Committee Chairmen, Committee Members, and Special Appointments, represent GFWC members on a national scale. GFWC members involved with the committees are appointed by the GFWC International President at the beginning of her two-year term. During her Administration, the GFWC International President lives at GFWC Headquarters in Washington D.C. All members of the GFWC Board have leadership responsibilities and are expected to attend the GFWC Annual Convention.



GFWC International
President
Deb Strahanoski
2022-2024

GFWC International Convention June 28th - July 1st Chicago, IL

"Sparkle, Shine, and Succeed!"



GFWC International
President
Suellen Brazil
2024-2026



GFWC GA
President
Cathy Jones
2024-2026



Directory of Officers and
Membership Lists are due June 1st

GFWC INTERNATIONAL CONVENTION

JUNE 28TH - JULY 1ST

CHICAGO, IL

Institute and LEADS

August 16-18, 2024 - Albany, GA



2024-2026 NE District President
Debbie Borovitchy

GFWC Gainesville Phoenix WC is in charge of the
NE District Fall Meeting
Saturday, September 28, 2024
*If you would like to help plan this event, please let
Debbie Brown know!*





Karen Snow-Holms
Chairman

GFWC Signature Project: Domestic Violence

GFWC LAC AND GFWC GEORGIA

GEORGIA CALL TO ACTION: VICTIM-CENTERED ADDRESS CONFIDENTIALITY

On May 6, 2024, Georgia Governor Brian Kemp signed SB324, State Printing and Documents, a Victim-Centered Address Confidentiality Program, and GFWC Georgia was there! Why was the state organization represented at the signing? GFWC Georgia clubwomen played an important role in supporting SB324 by answering their state's "Call to Action," sent out via GFWC's Legislative Action Center (LAC).

How did this alert ultimately come about? It began on February 6, when GFWC GA clubwomen participated in a webinar preparing them for Capitol Day on February 7 with the GA Coalition Against Domestic Violence (GCADV). At the Capitol, Senator Kim Jackson, a Sponsor of SB324, welcomed support from GFWC GA. Working together with Karimah Dillard, GCADV Policy Director; Juliet Casper, GFWC Legislation and Public Policy Chairman, Debby Bryant, GFWC Legislative Consultant, and Lois Wolfe, GFWC GA Legislation and Public Policy Chair, sent urgent messages to state clubwomen to support SB324. On March 20, the GFWC LAC Action Alert was sent out, and clubwomen got busy answering it! SB324 passed the Senate and House and was sent to Governor Brian Kemp for his signature.

The personal address confidentiality of victims is critical in preventing future harm and in reducing the survivors' fear and isolation. With the passing of SB324, now Act 582, lives can be saved!



The Mother's Day event at the Gateway facility on May 9th went well. We shopped with approximately 22 children with the guidance of 8 club members and facility volunteers. We spent about 2 hours on site, wrapped the gifts, and stored them safely for the children to carry home. There is no activity for June, but on July 22nd we have been asked to provide fun and games for the children at the Gateway facility. I will contact staff for a more complete explanation of our expected contribution.



To report suspected "Child Abuse" in Georgia-911 for immediate danger!!!

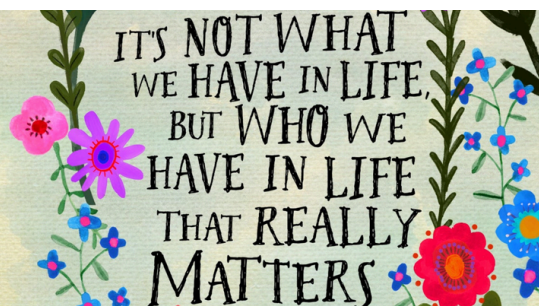
To report suspected a child, contact Division of Family & Children Services(DFCS)

1-855-GA CHILD

1-855-422-4453



A moment of inspiration



LEADERSHIP



Congratulations TFS Seniors



Two members wrapped gifts for TFS seniors from GFWC GA

For Her Glory Luncheon

Save the date!

Saturday, August 10, 2024 Chattahoochee
Country Club - Speaker: Abigail Burle
Lunch: Mexican Buffet
Tickets: \$60

We all know how fast the summer gets by us, and we want to have the best ever fundraiser on August 10th. From now until July 15th, place this event on your personal calendars to insure ALL requirements are completed by mid-July for the best possible August 10th fundraiser EVER. This is a major fundraising opportunity for our club, and we need to keep that in mind as we are out gathering gift certificates from local eateries, nail salons, boutiques, and retail stores.

Thanks to our newest member, Shannon, who has literally changed the game as to how we will be able to explore teasers on our Facebook page as to what will be offered for sale, able to bid on items, and have a POS check out that is state of the art at the luncheon. In addition, Lori McMahan and I are compiling a spreadsheet that will have all needed information for potential sales at anyone's fingertips. We heard comments last year related to being outbid by a \$1 for an item. We are assigning minimum bids on items that require an incremental increase in bid amount (\$25, \$50, etc.) that will eliminate the sting of losing by \$1. We will also try to place a realistic value on items prior to sale so that we are tapping into the worth of an item based on credible discovery.

You can call me to come pick up items or bring them to the Board of General meeting in June. We need all opportunity and auction items by July 1st! Let's make this the BEST event EVER!

Joan



Stanley Pierce Presents the 26th Annual
St. Jude Benefit Singing
"FOR THE KIDS"
Saturday August 3, 2024 6pm

Lanier Technical College Ramsey Conference Center
Lanier Tech Dr
Gainesville GA
The Whisnants

Brian Free and Assurance

The Guardians

Emcee: Danny Jones Vice President of The Singing News Magazine

ALSO... Stanley Pierce, Gerald Sweatman, & Clay Marchbanks

Sounds of Jericho

NO ADMISSION CHARGE ~~~~ A LOVE OFFERING WILL BE TAKEN
FOR MORE INFORMATION ~~~~ CALL STANLEY PIERCE AT 770-540-9085

Save the date!
Saturday, August 3rd
6:00 p.m.

Lanier Ramsey Center

GFWC began a partnership with St. Jude Children's Research Hospital during the 2015 GFWC Annual Convention in Memphis, Tennessee. Treatments developed at St. Jude have helped increase the overall childhood cancer survival rate from 20 percent to 80 percent since the hospital opened more than 50 years ago. St. Jude freely shares the breakthroughs it makes, and every child saved at St. Jude means doctors and scientists worldwide can use that knowledge to save thousands more children. Although families never receive a bill for treatment, it cost nearly \$1 billion to operate St. Jude in 2016 with more than 75% of those funds raised by public contributions with an average individual donation of \$35.



MEMBERSHIP MOMENT

- 1- Time is one of the most precious things I can give.
- 2- A project requires planning, coordinating, flexibility, volunteers, lots of ideas and teamwork. Ongoing projects may also require more flexibility and change.
- 3- It takes all kinds of personalities to make a good team. I can work on projects with everyone.
- 4- We won't all be best friends, but we can all work together.
- 5- I will develop close friendships with some and that is OK.
- 6- Being kind is a frequently heard mantra and sometimes hard to do in the middle of the discussion.
- 7- Voting is about whether or not I agree with the motion. Sometimes my friends and I will vote differently and that is ok with me.
- 8- It does not matter who gets the credit as long as the work gets done.
- 9- I love club work and volunteering.

What have you learned?



GFWC GA Convention 2024



**Follow
the
Yellow
Brick
Road!**



Congratulations to our club!

GFWC GA 1ST PLACE WINNER (SILVER)

GFWC GA GARRETT NEWSLETTER AWARD

GFWC GA 1ST PLACE WINNER (SILVER)

COMMUNITY IMPACT PROGRAM AWARD

KATHY HANNA COMMUNITY IMPACT PROGRAM AWARD

GFWC GA COMMUNITY CONNECTION INITIATIVE

"PHYSICAL FITNESS OPPORTUNITIES FOR ALL AGES"

*Thank you, Kim Sekulow, for your service
and dedication!*