

MAY 2024

The Gainesville Phoenix Woman's Club, Inc. Newsletter

A member of the General Federation of Women's Clubs International



Recent Successes:

Four members provided a bee program for fifth graders at Sardis Elementary School in their garden

Four members painted bowls at the Ga Mtn Foodbank for the Empty Bowl Luncheon this fall

Five members enjoyed the Gainesville Art Walk

Two members planted Pinwheel Gardens in honor of Child Abuse Awareness Month

Eleven members were given a tour of CASA at the April General Meeting

Six members attended the GFWC GA Convention in Atlanta

**The GFWC Gainesville
Phoenix Woman's Club, Inc**

P. O. Box 108

Gainesville, GA 30503

Renette Todd, editor, rwtandjct@bellsouth.net

770-540-6445 cell

Happy Mother's Day!



From the President's Desk...

Members,

Welcome to marvelous May!!

This month our board meeting is May 2nd at Susan Miscally's house at 1pm. The general meeting will be May 16th at My Sister's Place, social time from 6-6:30pm and the meeting is hosted by Arts and Culture which will start at 6:30pm.

Check out the newsletter for items we are collecting and activities that are planned this month. Shirts and new name tags are being ordered. Plans for For Her Glory are under way. It's going to be a fun month!!

*In federation
love,
Debbie*



May General Meeting

Thursday, May 16

6:30 p.m.

My Sister's Place

2480 M.L.K. Jr Blvd #4, Gainesville, GA 30501



ART & CULTURE CSP

We will be going to the Fire and Light Glass Studio in Otto NC on Wednesday, May 8. The class will run from 10:30 AM - 1:00 PM. The class will cost \$35.00 and is limited to 8 members. We already have 6 signed up. If you would like to go, please let Kitty know as soon as possible. She will send final plans and directions to those who are able to attend.

Art CSP: 2024-2026

Joan Sheffield

Five members met before the April meeting and took a tour of local art at the Gainesville Art Walk. Many artists participated and beauty and inspiration was abundant.



Four members met to paint bowls at the GA Mtn Foodbank



EDUCATION AND LIBRARIES CSP

May 1-5 is National Teacher Appreciation Week. Teachers receive a lot of praise and appreciation, but we would like to recognize the hard working bus drivers. Please bring individually wrapped snacks, gum, granola bars, etc. to the May meeting. We will put together a gift basket to take to the Hall County bus shed on Atlanta Hwy.

While walking in Laurel Park, off Cleveland Hwy, Peggy discovered a new interactive activity playground with great directive signs for kids. Each sign is also written in Spanish.

The Sandra Deal Scholarship award ceremony will take place at Lanier Technical College Ramsey Conference Center on May 14, reception to begin at 5:30 p.m. and ceremony will begin at 6:00. More details to follow. Please call Peggy if you have questions and/or would like to attend. This is our first scholarship recipient ceremony and we hope many of our club members will attend this ceremony.

Education CSPs: 2024-2026

**Peggy, Jean, and
Caroline**

ALWAYS REMEMBER; BE PATIENT, WAIT YOUR TURN, AND RAISE YOUR HAND!





Environments CSP:
2024-2026
Renette

ENVIRONMENTS CSP

Thank you to Mary Bob, Susan, Renette, and Caroline for helping with the Bee Lesson Project for a fifth grade class at Sardis Elementary. We had fun and the kids learned something. Four stations were set up and the children rotated between the four stations. They tasted honey, talked about pollination and did pollination activities at two of the stations, and they planted beans in one of the planters in our garden! We will have another project in the garden soon, mostly clean up, plant, paint, etc. Watch for information on that.



This fall, Environment is hosting a picnic in the ecology center at Linwood Park in September. We would also like to feature recycled projects at that meeting. To insure participation, we are giving you plenty of time to figure out what you want to contribute! Pick an item you would have thrown away, or given away, and recycle it into a art object, or something useful. Turn an old sweater into a throw pillow. Pull a can out of the trash, paint it, or glue tiles to it, and put a plant in it. You have several months to figure out a project. Pinterest is great inspiration. Please bring your project to the meeting in September. Pictures will be taken!

Now is the time to visit local parks! Just two miles northeast of Alpine Helen in the gorgeous North Georgia Mountains is the ultimate mountain retreat destination. Unicoi State Park & Lodge is centered around beautiful Lake Unicoi within the Chattahoochee National Forest. The park offers unparalleled hiking trails leading to Anna Ruby Falls and Helen. Smith Creek – a peaceful tributary of the Chattahoochee River – winds from the base of the Anna Ruby falls to Unicoi Lake and is a celebrated trout fishing spot. At Unicoi State Park & Lodge, there is no shortage of reasons to unplug and explore the great outdoors. Visitors discover an array of outdoor adventure and relaxation opportunities including archery and target shooting, fly fishing, paddle boarding, boat rentals, zip lining, mountain biking or simply lounging lakeside on the beach.



**May is
National
Bike Month!**



CIVIC ENGAGEMENT & OUTREACH CSP

Memorial Day is May 27th!

Memorial Day is a federal holiday in the United States for honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces. From 1868 to 1970, it was observed on May 30. Since 1971, it is observed on the last Monday of May. Thank a vet!



**CIVIC
ENGAGEMENT**
Civic Engagement CSP:
2024-2026
Cindy

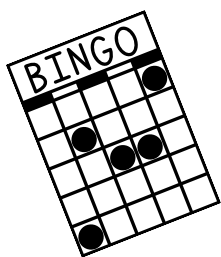


HEALTH & WELLNESS CSP

The theme for Health and Wellness CSP for 2022-2024 has been GFWC – Get Fit Within our Communities – fit in body, mind, and spirit. So, May is Women’s Health Month with emphasis on Women’s Health Week beginning on Mother’s Day, May 12, 2024. This observance encourages women and girls to make health a priority. Taking care of yourself includes caring for the physical, mental, social, and emotional health. As we celebrate Women’s Health Week, try these tips: 1. Schedule regular checkups and screenings. 2. Learn the basics of healthier eating habits. 3. Improve your physical activity. 4. Keep your mind healthy with deep breathing, social and family connections, get help if needed, unwind.

MAY CHALLENGE: Do at least one thing to improve your health that is not already in your routine: schedule a checkup, add or eliminate something from your diet, increase your exercise time, join a new group activity, eliminate a bad habit, practice relaxation, anything! PLEASE write this down and bring to the meeting.

REMINDERS: Please remember that bingo prizes for Ashton may be brought to all meetings. Please keep track of your exercise so that record sheets can be completed.



Officer Reports:

Vice President, Jill Bagley: We will be supporting Treats for Troops. This 15 year established organization works out of the VFW building in Cumming. We are helping with this project by writing personal thank you notes. A note will be enclosed in each goody box. Please write several over the next month and bring them to our May meeting. I will deliver them for the August 6 packing date.

Secretary, Susan Miscally: The minutes from the April meeting are attached.

Treasurer, Renette Todd: All members, past and present, should have received a letter regarding their membership status. What will be your active roll in 2024? Please mail your check today!

Parliamentary Advisor, Kitty Wise: GFWC Gainesville Phoenix Woman’s Club follows the basis Robert’s Rules of Order. There have been many books written on the subject of running meetings. If you have not read at least a summary of these rules, I suggest that you do so.

But don’t worry too much about these rules, they are simply common courtesy, and guidelines.

As members, we need to get the permission of the President to speak. As committee chairs or as members making a report, we need to make sure we know what we need to tell the members and to express ourselves in the clearest way that we can. If members have questions, they need to be recognized by the President. Just keep in mind that at each meeting, we have much business to cover. Everyone should ask questions if they have them, but please keep the questions and the answers clear enough so everyone will understand.

Where Our Money Goes

Each month we will highlight a group or organization that we support either financially or with our time and energy. This month we will learn about CASA.

Hall Dawson CASA Program, Inc. 603 Washington St. Gainesville, GA 30501

At CASA, Court Appointed Special Advocate, our mission is to ensure abused and neglected children have the right to a safe placement and permanent home. CASA provides trained, screened, and supervised volunteers to advocate for the best interests of abused and neglected children requiring court intervention. Georgia was the 37th state to implement the CASA concept as a result of Federal and State Law. The Child Abuse Protection and Treatment Act (CAPTA) is a federal law that requires a Guardian ad Litem (GAL) to be appointed in all cases of child abuse or neglect. From this, the CASA concept was developed. We are affiliated with National CASA and our state CASA Organization, Georgia CASA. CASA is endorsed by the US Department of Justice, the National Council of Juvenile Court Judges, National Bar Association, State Bar of Georgia, and the Supreme Court of Georgia Child Placement Projects.

**Hall-Dawson CASA
Program, Inc.**

P.O. Box 907471

Gainesville, GA 30501

Phone (770) 531-1964

Fax (770) 534-5851



Members wore blue for child abuse prevention awareness

Social Media update:

The website is up and live! Please send pictures and CSP project news to Shannon at: shannon.richard@me.com.

Here are our new social media accounts:

Facebook:

GFWC Gainesville Phoenix Woman's Club is our business account and public to all. Please like, join, and share!

Gainesville Phoenix Woman's Club is our group page and will soon only be for members only.

Instagram:

gfwcgpwc

Please follow if you are on Instagram. Posting pictures is great exposure.

Website:

GFWCgainesvillephoenixwomansclub.org. Please send articles, pictures, and news to post on the website to Shannon.

Email:

gfwcgpwc@gmail.com

Did you know?

Northeast Georgia is an area rich in natural beauty, with mountains soaring into blue skies, and an abundance of streams, lakes, and quiet meadows. By the early 1900's the region had become a haven for city dwellers who sought the cool and calm of the mountain woodlands. One such summer resident was Mrs. Mary Ann Lipscomb of Athens, Georgia. She met many of the local children and was moved by their hunger for knowledge. She began to teach a few of these children on her front porch, but she knew this was not enough. Mrs. Lipscomb saw the need for the mountain children of the area to have a school of their own, and largely through her efforts as president of the Georgia Federation of Women's Clubs, Tallulah Falls School became a reality in 1909.



Tallulah Falls School

"Preparing each student to thrive in life by elevating character and intellect in a challenging and diverse college preparatory environment."

Tallulah Falls School
www.tallulahfalls.org

GFWC International
President
Deb Strahanoski
2022-2024



GFWC International Convention June 28th - July 1st Chicago, IL

"Sparkle, Shine, and Succeed!"



GFWC GA

*Congrats to all 2024 State Award
Winners!*

Congratulations to Cathy and her new
officers!



Kim Sekulow, GFWC
GA President
2022-2024

Directory of Club Officers due June 1st, 2023

**CONGRATULATIONS TO ALL
STATE AWARD WINNERS!**

Dream Higher than the Sky and Deeper than the Ocean



BARBARA BROOKS,
NE DISTRICT
PRESIDENT
2022-2024





Karen Snow-Holms
Chairman

GFWC Signature Project: Domestic Violence

Our next project with Gateway will be our “Mother’s Day Boutique.” We will be expected to set up at 4:30 PM on Thursday, May 9 at the Gateway facility. Please collect any cosmetics, jewelry, or collectibles you may have. The children really seem to enjoy picking out their gifts. If you need to carpool, or need directions, please contact Karen at 585-705-6599.

The pinwheel Gardens were placed on April 1st at Hall County Casa, The entrance to Francis Meadows Aquatic and Community Center, and The Good Samaritan Food Distribution Center. Unfortunately, the garden at the Good Samaritan has disappeared. The other gardens will be removed by the first of May.



MEMBERSHIP MOMENT

Happy Birthday!



Caroline Brasch 5-16
Mary Bob Fox 5-22
Patty Laine 5-18
Brenda Martin 5-16
Sylvia Stoltzfus 5-22
Karen Snow-Holms 5-18

For Her Glory Luncheon

Save the date!

Saturday, August 10, 2024
Chattahoochee Country Club
Speaker: Abigail Burle
Lunch: Mexican Buffet
Tickets: \$60

*A moment of
inspiration*



Kentucky Derby - May 4th

BENEDICTINE DIP

1 large cucumber, grated
1 T dill (or to taste)
2 T grated onion
1 T mayonnaise
1/4 t salt
8 oz. cream cheese
Mix together and refrigerate until serving. Serve with crackers or toast points.



Cinco De Mayo - May 5th

Margarita Dip

8 oz crem cheese, softened
8 oz whipped topping
8 T butter, one stick, softened
1/4 C tequila or lime juice
1 T Triple Sec or orange juice
1 C powdered sugar
lime zest for garnishing

1. Cream together cream cheese and butter
2. Add in the Triple Sec and tequila (or lime and orange juice)
3. Add powdered sugar
4. remove from mixer, and fold in whipped topping
5. place in serving dish, top with lime zest, and refrigerate until ready to serve.

