AUGUST 2024



The Gainesville Phoenix Woman's Club, Inc. Newsletter



A member of the General Federation of Women's Clubs International

Recent Successes:

Members worked the Back to School Picnic at Gateway

Members worked in the Sardis Memorial Garden

Members donated or solicited donations from local businesses to support the opportunities and auction items at FHG

Members worked on ticket sales for For Her Glory

Members met to assemble baskets and opportunities for For Her Glory

Members supplied books for the Little Library

The GFWC Gainesville Phoenix Woman's Club, Inc

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Gainesville, GA 30503

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From the President's Desk...

Ladies,

Welcome Back!! I know I enjoyed our little break. I hope everyone is doing well.

We will kick off August with our Executive Committee meeting at Susan Miscally's house on Thursday, August 1st at 1pm. Please bring copies of your report or email them to Susan and Debbie prior to the meeting.

August 10th is For Her Glory. All our planning and hard work will hopefully bring us a very successful event. Please make sure you turn in the names of the guests sitting at your table and any funds you have collected. Please let Brenda know if you have any questions.

LEADS and Institute are August 16-18 at the Hilton in Albany, GA. Please bring your club T-shirt if you are attending. Please let me know if you have any questions.

Our monthly meeting will be Thursday, August 22, 2024 at the Georgia Mountain Food Bank. We will be painting bowls for the Empty Bowl Luncheon. See more details in the Civic Engagement section.

Looking forward to seeing everyone's smiling face and hard working hands!!

Dehhie

August General Meeting

The August General Meeting will be at the GA Mtn Food Bank - Aug. 22
Bring \$10 if you want to paint a bowl.

Guests do not have to pay!

Art CSP: 2024-2026 Joan Sheffield





ART & CULTURE CSP

World Photography Day is August 19th!

Now is the time to take pictures to enter into the GFWC Georgia competition in January 2025! While you are traveling, or vacationing, pull out that phone or camera and take some pictures! The categories are World in Pictures (nature) and Living the Volunteer Spirit (membership). Pictures must have been taken during the 2024 calendar year and may be oriented either horizontally or vertically. They must be printed an 8x10 size, mounted on stiff cardboard (or foam board) and have your name, address, email, phone number, and club affiliation on the back. Also required is an arrow on the back indicating the top of the picture. This is an individual competition, not a club competition. Good luck!

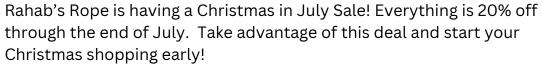
Atlanta Botanical Garden Gainesville

Created by nationally known sculptor Alex Heveri, the exhibition of glass sculptures captures the essence of flight. Included with Garden Admission, featured will be 15 of artist Alex Heveri's glass and steel sculptures of gigantic insects. The sculptures are Dalle de Verre, French for "glass slab," a technique that utilizes thick, 1-inch slabs of glass in large pieces to create the sculptures. The exhibit, set for April 27 – October 13, will consist of 12 installations of 15 individual sculptures.

US Coast Guard Museum

GFWC Georgia President Kim Sekulow and the GFWC International President Suellen B. Brazil attended a congressional breakfast on Capitol Hill to celebrate the progress being made on the National Coast Guard Museum, of which GFWC is a proud supporter.

EDUCATION AND LIBRARIES CSP



Thanks to Cindy, we were able to stock our new Little Library immediately, but now we are in need of books. Please bring children's books throughout the year to our monthly meetings. Thrift stores are great resources and if you tell them it's for a community library they often will give you a discount. We will have a sign-up sheet for members to take a month to stock our library and keep it clean.

Did you know that your Hall County Library card does more than just get you books and reading materials from the local library locations? With a Hall County Library card, you get free entry to many attractions in Georgia! Those include: Zoo Atlanta, Georgia State Parks and Historic sites, the Center for Puppetry Arts, and more! Library cards are free! Go to any branch of the library and they will register you for a card that will get you ready for adventure! Check it out at www.hallcountylibrary.org.



Education CSPs: 2024-2026 Peggy, Jean, and Caroline

Environments CSP: 2024-2026 Renette



Are you working on your entry for September?

ENVIRONMENTS CSP



Enjoying a walk in the woods is fun and can make exercising interesting, but be careful of wildlife and their habitat. Can you see the rattle snake in the picture? Often you can come upon a snake before you know they are there. Even working in your yard or garden, you can come upon an unfriendly critter. Be aware, respectful, and don't charge or threaten them. Of the 47 different species of snakes in GA, only seven are poisonous. Copperheads, water moccasin, and several species of rattle snakes are the most common venomous snakes in our area. Becoming familiar with the colors and patterns of Georgia's seven venomous snake species will enable you to determine whether any snake encountered is venomous or non-venomous.

Despite the relatively low level of danger posed by venomous snakes, many people consider their fear, no matter how irrational, justification for killing any snake. Venomous and non-venomous snakes serve invaluable roles in the natural environment as predator and prey. In Georgia, it is illegal (a misdemeanor, punishable by up to a \$1,000 fine and a year in jail) to possess or kill many of the state's nongame wildlife species, including non-venomous snakes (O.C.G.A. §27-1-28). It is also illegal to disturb or destroy the dens, holes or homes of wildlife or use explosives, chemicals or other devices to drive wildlife, including venomous snakes, from those homes (O.C.G.A. §27-1-30).

CIVIC

Civic Engagement CSP: 2024-2026 Cindy

CIVIC ENGAGEMENT & OUTREACH CSP

During the GFWC International Convention in Chicago last month, GFWC signed a proclamation to support the Alzheimer's Association. Alzheimer's is the most common form of dementia. It causes problems with memory, thinking, and behavior. Worldwide, 55 million people are living with Alzheimer's and other dementias. Alzheimer's disease is a degenerative brain disease and the most common cause of dementia. Dementia is not a specific disease. It's an overall term that describes a group of symptoms.

Civic Engagement will be hosting the August meeting on Thursday, August 22 at the Georgia Mountain Food Bank. The address is 1642 Calvary Industrial Dr. SW, Gainesville, GA 30507. We plan to paint bowls for their Empty Bowl Luncheon Fundraiser. Cost is \$10 per bowl. Friends are welcome to come so we can introduce them to the what we do in the community. Please bring canned food for donations. See you there.











HEALTH & WELLNESS CSP

August is the month set aside for the National Immunization Awareness Month. According to the CDC, current recommendations for immunizations for adults are: COVID 19 and boosters, influenza, pneumonia, shingles, and tetanus and pertussis. It may be a good time to check your vaccinations and update any that are needed. When you have a regular check up with your physician, it is a good time to ask him/her to check your chart. Although there are circumstances where a person can't be vaccinated, as a society, we depend on herd immunity. I have seen people in iron lungs due to polio, but many people have not. Not many remember the time in bed with measles, mumps, and chicken pox. It is wonderful that polio has been eradicated in the United States. If there is concern about mercury in vaccines, mercury was banned in childhood vaccines in 2001 except for multidose vials of flu vaccine. But it is ethyl mercury which is broken down and excreted fairly rapidly.

A partner with GFWC is the UN Foundation "Shot@Life. Since 2012, Shot@Life partners and advocates have worked to ensure everyone around the world has access to vaccines and all children have a shot at a healthy life. Twenty-five dollars protects a child against measles, polio, diarrheal disease, pneumonia for life. Donations can be made at

http:/shotat life.org.







shot@life

Ella F. White Endowment Fund

All of you received a call to Institute in August. In the call was a form to buy a ticket for an opportunity to win a 5-day stay in Panama City Beach. Our own Debbie Brown has donated this as a fundraiser for the Ella F. White Fund. Please consider buying a ticket. You do not need to be present to win. The drawing will be at Institute. Forms can be downloaded from the GFWC Georgia website or contact Mary Bob Fox. Remember that income from this fund supports our State Federation.

Officer Reports:

Vice President, Jill Bagley: The August Meeting is hosted by Civic Engagement. We will meet at the GA Mtn Food Bank and paint bowls for their luncheon fundraiser. Please also bring canned food if possible.

Secretary, Susan Miscally: Since there was no meeting in July, there were no miniutes.

Treasurer, Renette Todd: All members, past and present, should have received a letter regarding their membership status. What will be your active roll in 2024? Active dues: \$60, patron dues: \$45.



Phoenix will host a table at the Empty Bowl Luncheon in September. Mark your calendar for Friday, September 27th, 11:00-1:00 (the day before the NE District Fall Meeting).

Where Our Money Goes

Each month we will highlight a group or organization that we support either financially or with our time and energy. This month we will learn about

Heifer International, 1 World Ave., Little Rock, Arkansas 72202

Heifer International (also known as Heifer Project International) is a global nonprofit working to eradicate poverty and hunger through sustainable, values-based holistic community development. Heifer International distributes animals, along with agricultural and values-based training, to families in need around the world as a means of providing self-sufficiency. Recipients must agree to "pass on the gift" by donating animal offspring, as well as sharing the skills and knowledge of animal husbandry and agricultural training with other impoverished families in the community.

We work in 21 countries around the world alongside local farmers and business owners. We support farmers and their communities as they mobilize and envision their futures, provide training so they can improve the quantity and quality of the goods they produce, and connections to markets to increase sales and incomes. We work to end hunger and poverty in partnership with the communities we serve. Our programs support entrepreneurs around the world, creating lasting change from the ground up.

It begins with a seed investment of livestock or agriculture, followed by mentorship to help project participants build a business, and ultimately to gain access to supply chains and markets. These families are able to earn a living income and continuously lift up their communities as they train the next generation of leaders.

HEIFER INTERNATIONAL 1 World Avenue Little Rock, AR 72202 855.9HUNGER (855.948.6437) Heifer.org

Social Media update:

The website is up and live! Please send pictures and CSP project news to Shannon at: shannon.richard@me.com.

Here are our new social media accounts:

Facebook:

GFWC Gainesville Phoenix Woman's Club is our business account and public to all. Please like, join, and share!

Gainesville Phoenix Woman's Club is our group page and will soon only be for <u>members</u> <u>only</u>.

Instagram:

gfwcgpwc

Please follow if you are on Instagram. Posting pictures is great exposure.

Website:

GFWCgainesvillephoenixwomansclub.org. Please send articles, pictures, and news to post on the website to Shannon.

Email:

gfwcgainesvillephoenixwc@gmail.com

PHONE NUMBER:

05 PHOENIX NEWSLETTER

Did you know?

Highlights from the 2024 GFWC International Convention

















Congratulations!

GFWC International

President

Suellen Brazil

2024-2026

GFWC Georgia will host the 2025 GFWC International convention. Look for more information coming!





GFWC GA President Cathy Jones 2024-2026



Institute and LEADS

August 16-18, 2024 - Albany, GA

Please let Jill Bagley know if you are going.

GFWC Gainesville Phoenix WC is in charge of the NE District Fall Meeting Saturday, September 28, 2024

2024-2026 NE District President Debbie Borovitchy

NE DISTRICT BOARD MEETING – GAINESVILLE, GA
SATURDAY, AUGUST 24TH

PHOENIX NEWSLETTER

NE District

News



GFWC Signature Project: Domestic Violence

Back to School Fun

While the mothers held their meeting for the evening, the Phoenix ladies welcomed a dozen eager active children who had been told they would be having some fun. Seven of our club members participated with the activities of the evening. We began with decorating bags to hold the goodies they would be getting from the piñata game. There was a Corn Hole game, which challenged them to hop on 1 foot, twirl, and sing . There was a race to see how fast they could dress-up in clothes that didn't fit and return them after they undressed. They had crowns to decorate. The most fun was had when they went after the piñata. The smallest to the oldest got a chance to participate. They had a good time, the weather was cooperative, and even the staff seemed to enjoy our activity. Thank you to Susan who constructed and filled the piñata, Debbie, Cyndi, Caroline, Jill, Suzette who participated.

The Gateway staff was thinking about a water event, but has not contacted me about it yet.

Right now, it will be on the "back burner"





Gateway Domestic Violence Center

To report abuse in Georgia:
If you suspect a child is in immediate danger from abuse

Call 911 IMMEDIATELY!!!

To report known or suspected abuse, contact Division of Family & Children (DFCS)

1 855 422 4453
For more information:
Office of Child and Youth Protection
OCYP@archati.com
24-hour Abuse reporting Hotline 1-888-437-0764

Treats for Troops

Meet in the parking lot of Coastal Breeze Restaurant, 5390 Lanier Island Pkwy, Buford, GA on Tuesday August 25th at 5:45. We will carpool to Cumming.

A moment of inspiration



LEADERSHIP

Effective leadership enables followers to succeed. It sets direction, builds a vision, and adapts as circumstances require. Leadership is about mapping out where you need to go to "win" as a team or an organization. It's dynamic, exciting and inspiring.

FOR HER GLORY LUNCHEON

We are two weeks away for our big event. Give yourselves a huge pat on the back. It looks like we are going to have another great event! We have 26 tables that will be set up for the event. All Brenda needs now is a list of those people who will be seated at your table. This will assist those checking people in on that day to make sure everyone knows where their seat is. It will be more enjoyable and less chaotic if we know where everybody is sitting ahead of time. If you have not sent Brenda your guest's names, please do so by Friday, August 2.

We have had a little issue with the presenting sponsor, but Brenda has worked that out, and Northside Hospital has approved their sponsorship and will be sending us the check!

Debbie, as Opportunity Chairmen, has all her items lined up and ready for you to buy those tickets! We have a great selection and this is expected to be a great success. Joan, Lori, Jill and Cindy have worked hard on Auction Items and this committee is very excited about what has been assembled. Remind your friends to bring some extra cash for these opportunities to leave with some great items. Credit cards will be accepted as well.

A big shout out to Shannon Richard for her work on our Facebook and website! We had tickets purchased online and she is downloading pictures of items in the auction. This has been a wonderful addition to this event.

Brenda is currently working on the program and will be sending it out to some club members to make sure nothing is being omitted from the program. All who have made a donation to this event will be listed. So if you have made a donation, and not sure if Brenda has your name or the company name, please send it to Brenda by August 1st.

The venue will not be available to set up your table the Friday night before. The CCC will open at 8:00 a.m. on Saturday, August 10th for you to set up prior to the event. Remember, this year the CCC is providing plates, napkins, silverware, and glasses so you do not need to bring any of these. Just bring your lovely centerpieces that makes our event so special. Favors for guests are optional.

Thank you all for everything you are doing to make this event a success, and for all your hard work to pull it all together! It can't be done without YOU!!

Thanks and love you all! Brenda

Please patronize the restaurants and stores that donated gift certificates and gift cards to our gift baskets and opportunities, and mention how much you appreciate their community support.

SATURDAY, AUGUST 10, 2024 CHATTAHOOCHEE COUNTRY CLUB — SPEAKER: ABIGAIL BURLE LUNCH: MEXICAN BUFFET TICKETS: \$60



St. Jude Benefit Concert Saturday, August 3rd 6:00 p.m. Lanier Ramsey Center



GFWC began a partnership with St. Jude Children's Research Hospital during the 2015 GFWC Annual Convention in Memphis, Tennessee. Treatments developed at St. Jude have helped increase the overall childhood cancer survival rate from 20 percent to 80 percent since the hospital opened more than 50 years ago. St. Jude freely shares the breakthroughs it makes, and every child saved at St. Jude means doctors and scientists worldwide can use that knowledge to save thousands more children. Families never receive a bill for treatment.

MEMBERSHIP MOMENT

Remember to like and share our Facebook posts. That gets us more exposure!

Happy Birthday!

JEAN HAWKINS 8-16 RENETTE TODD 8-31