SEPTEMBER 2024

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The Gainesville Phoenix Woman's Club, Inc. Newsletter



A member of the General Federation of Women's Clubs International

Recent Successes:

Seventeen members participated in For Her Glory! Thanks to everybody for a successful event!

Five members helped pack boxes for Treats for Troops

Three members and one patron began working on the Bookbag Project

Eight members, two patrons, and one guest met in August at the GA Mtn Food Bank to paint bowls for the Empty Bowl Luncheon this month

Seven members attended Institute and LEADS

The GFWC Gainesville Phoenix Woman's Club, Inc

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From the President's Desk...

Wow!!

What a beautiful FHG event we had! I heard a comment from a guest that I wanted to share with you, "This is the facelift this event needed!" I received several positive comments from guests with similar feedback. I want to personally thank all members and some patrons for your hard work to make this event so successful!!

Our Executive Committee meeting will be September 5th at Susan Miscally's house at 1pm. Please bring copies of your report or email them to Susan and Debbie prior to the meeting.

Our monthly meeting will be Thursday, September 19th at Linwood Nature Center see Environment section for more information. Some of our members will share what they learned at Leads and Institute. That means ideas for projects!! So please plan to attend.

We are looking forward to attending the Empty Bowl Luncheon on September 27th as our National Day of Service project. This is a membership project so please wear your name tags and plan to pass out several brochures to ladies you might know or meet at this event.

On September 28th we are hosting the North East District Fall 2024 meeting at Kelley's Tavern in Gainesville. We need all members to assist with set-up, attending the event and helping out as needed.

Looking forward to seeing everyone's smiling face and

hard working hands!!

Debbie

September General Meeting
THURSDAY, SEPTEMBER 19TH, 2024
6:30 p.m. Linwood Ecology Center
Springwood Dr. (bottom of the hill on the right)

ART & CULTURE CSP









Members, past and present, along with a guest, express their artistic talents to benefit the GA Mtn Food Bank













Education CSPs: 2024-2026 Peggy, Jean, and Caroline



EDUCATION AND LIBRARIES CSP

We are in dire need of children's books for our Little Library in Wessell Park! Thrift stores are great outlets to find children's books, just be mindful that they are complete (not torn) and readable (not written in or colored in). Please bring books to any meeting! A sign-up sheet will be available at this month's meeting to take turns caring for our Little Library at Wessel Park for October, November, and December. Please take a month to replenish the library and make sure it's clean and orderly. Thanks!

"The Autumn Library Harvest" is your curated guide to the season's most buzzworthy books. Look for those titles at your local library branch or online.

Tallulah Falls School teaches their students that good leadership is defined by these three things: Always do what's right, help other people, and give full credit to all that helped you.

To the world you may be just one person, but to one person you may be the world!



Environments CSP: 2024-2026 Renette

ENVIRONMENTS CSP





SARDIS GARDEN WORK DAY TO GET READY FOR THE KIDS TO COME BACK TO SCHOOL!

We would like to do a project with the Sardis Special Education class before the end of this year. Please go online to the hallcounty.compliancedirector.org and complete the three modules: Child Sexual Abuse & Assault Awareness/Prevention, Mandated Reporting, and Suicide Awareness & Prevention. These modules must be completed and documentation either printed or emailed to the school each school year. Thanks!



Environment has the program in September. On September 19 we will meet at the Linwood Ecology Center on Springwood Dr. Do not go by the address for Linwood Park. Please turn on Springwood Dr. (street before McDonalds and the church traffic light) and go to the bottom of the hill. The Ecology Center will be on your right. We will not have a "bring-a-dish" dinner, but we will have a "trashto-treasure" program. Please bring the item, or pictures of the item, you created and describe what you made it out of, and how you recycled your item.

2024 Wildlife Festival
Elachee Nature Science Center
Satruday, Sept 14
2125 Elachee Dr.

Master Gardener Fall Expo
Friday and Saturday, September 27 & 28
\$2 Adult admission
Chicopee Ag Center, 1855 Calvary Church Road



CIVIC ENGAGEMENT & OUTREACH CSP

Nothing submitted

03 PHOENIX NEWSLETTER



HEALTH & WELLNESS CSP

Period Poverty is real! A 2021 study by Kotex found that 2 in 5 people struggle to purchase period products. This disproportionately affects Black and Latina people. COVID 19 exacerbated the problem. Lack of products leads to a lack of confidence, dignity, and puts education at risk. In 2023, a survey in the U.S. and Canada found that 1 in 4 students struggle to afford period products. Forty-four percent of teens reported stress and embarrassment due to lack of period products. There are 16.9 million menstruaters living in poverty in the U.S. Two-thirds report a struggle to pay. Fourteen percent of college girls report financial difficulty. The National Institutes of Health have said that period poverty is a neglected public health issue.

Most states still place a sales tax on period products. Georgia is one of them with a 4% sales tax just for the state. The average female spends \$20 per cycle. That is approximately \$18,000 over a lifetime. In Georgia, a person would pay \$19,000, so the State collects \$1000 because a female has a period. There have been efforts to eliminate the tax on period products, but there is much opposition since it creates an exception to the state law.

We must congratulate the City of Gainesville Commissioners for approving the placement of free period products in all municipal restrooms. The goal was to address affordability, accessibility, and rising costs. It costs the city approximately \$2000-3000 per year.

Collecting period products to go to schools was in the Plan of Action for Health and Wellness from January. It is an on-going project, but there has been little response. Over September and October, let's flood the meeting with period products!

PLEASE BRING!



Alzheimer's

There are 2 important dates for Health and Wellness! Alzheimer's Disease Awareness is part of the Club plan. On September 25th, is the Northeast Georgia Dementia Symposium, 10-3, at Lakewood Baptist Church on Thompson Bridge Road. It is free and includes lunch. Registration is required. I plan to go. Please join me. Saturday, October 5th is the Hall County Alzheimer's Association Walk, 8:30 am, Midland Greenway. Let's have a team!

Officer Reports:

Vice President, Jill Bagley: August was full of great projects from Treats for Troops to For her Glory to bowl painting at the GA Mtn Food Bank. We welcomed a club guest, Sandy Cape, who is a talented bowl painter and loyal volunteer already. Also, mark your calendars to attend Hall Co. Commissioner's meeting Sept 24th for reading of a club proclamation. More info to come. The September meeting is hosted by Environment. We will meet at the Ecology Center at Linwood Nature Preserve on Springwood Dr. It doesn't have an address, but Springwood Dr. is the street before McDonald's on Thompson Bridge Road coming from Gainesville. Bring your Trash-to-treasure project.

Secretary, Susan Miscally: Minutes from the August meeting are attached.

Treasurer, Renette Todd: All members, past and present, should have received a letter regarding their membership status. What will be your active roll in 2024? Active dues: \$60, patron dues: \$45.



Phoenix will host a table at the Empty Bowl Luncheon in September. If you are interested in attending the luncheon, please let Debbie Brown know! Our table holds ten people.

Where Our Money Goes

Each month we will highlight a group or organization that we support either financially or with our time and energy. This month we will learn about The GA Mountain Food Bank.

The Georgia Mountain Food Bank

The Georgia Mountain Food Bank puts high priority on making wholesome, nutritious foods available to our partners. Much of what we distribute is fresh produce, dairy products, fresh meats, and other refrigerated and frozen products. Last year, food for 5,720,422 nutritious meals left our docks; that includes canned fruits and vegetables, pasta, fruit juices, and many other types of nonperishable foods.

Most food donations come from the food industry. In fact, GMFB receives approximately 90,000 pounds of food items from retail partners, which accounts for about 51 percent of the overall food donations. There are many reasons why products are donated. They may be mislabeled, overproduced, test-market items or products with short code dates. Some food is donated by the USDA Coronavirus Food Assistance Program and, sometimes, we have to purchase food with donated dollars, to make sure that all in need have access to hope.

A food bank solicits, stores and distributes large donations of food, donations that a single food pantry could not accept because of a lack of storage capacity at their facility. Food banks feed the needs of hungry people by distributing the donations they receive to a large number of member agencies, such as food pantries, soup kitchens, meal programs, drug treatment centers, and senior care centers. Our food bank also provides food to families who do not have access to food pantries through our Mobile Neighborhood Fresh program.



Georgia Mountain Food Bank 1642 Calvary Industrial Dr. SW Gainesville, GA 30507 (770) 534-4111 gamountainfoodbank.org



Social Media update:

The website is up and live! Please send pictures and CSP project news to Shannon at: shannon.richard@me.com.

Here are our new social media accounts:

Facebook:

GFWC Gainesville Phoenix Woman's Club is our business account and public to all. Please like, join, and share!

Gainesville Phoenix Woman's Club is our group page and will soon only be for <u>members</u> <u>only</u>.

Instagram:

gfwcgpwc

Please follow if you are on Instagram. Posting pictures is great exposure.

Website:

GFWCgainesvillephoenixwomansclub.org. Please send articles, pictures, and news to post on the website to Shannon.

Email:

gfwcgainesvillephoenixwc@gmail.com

Phone number:

Did you know?

Upcoming events!



Cooking up a Good Time in Greenville
October 3-6, 2024

THE HILLS ARE ALIVE

To commemorate the 2024 GFWC National Day of Service (NDS) on September 28, reach out to your elected officials: mayors, county commissioner/council members, state representatives, Governor, and members of Congress for a Proclamation to officially recognize your club's work to end food insecurity and hunger in your city, county, or state.

GFWC Georgia will host the 2025 GFWC International convention June 2025. Fundraising is underway and committees are at work. Look for more information coming!

GFWC International
President
Suellen Brazil
2024-2026



GFWC GA President Cathy Jones 2024-2026



WHO IS ELLA?

Thank you, Debbie, for donating 5 days at your Panama City condo as a fundraiser for Ella! We raised \$3375 to keep the State Office going! Ask around to find out about Ella.

September 28
National Day of Service

JE District

News

Fall District Meetings are in the planning!



2024-2026 NE District President Debbie Borovitchy

GFWC Gainesville Phoenix WC is in charge of the NE District Fall

Meeting Saturday, September 28, 2024 Kelley's Tavern

Registration begins at 9:30 a.m.

GFWC GA Convention NED assessment is due in December



GFWC Signature Project: Domestic Violence

Domestic Violence and Sexual Assault Awareness and Prevention

There is no project planned for September 2024, but for the October meeting, members are asked to bring candy treats for Gateway staff and children to hand out for Halloween Trick or Treat. These treats would be distributed on the downtown square on Halloween around 3:00 PM. Club members are invited to join in if they wish.

September is Sexual Assault Awareness on College Campuses. The ribbon color is teal. In late July, the Senate approved a bill combining the Kids Online Safety and Privacy Act (KOSA) and the Children and Teen's Online Privacy Protection Act (COPPA 2.0) by an overwhelming vote of 91-3. Many thanks to GFWC members who acted in the Legislative Action Center to support these bills. Advocates hope this tremendous momentum continues in the House of Representatives urging the Committee on Energy and Commerce to hold a markup of H.R. 7891 when they return to Capitol Hill in September

GREAT LEADERS ARE NOT THE BEST AT **EVERYTHING. THEY FIND** PEOPLE WHO ARE THE **BEST AT DIFFERENT** THINGS AND GET THEM ALL ON THE SAME TEAM.

To report abuse in Georgia: If you suspect a child is in immediate danger from abuse Call 911 IMMEDIATELY!!! To report known or suspected abuse, contact Division of Family & Children (DFCS)

> 1 855 422 4453 For more information: Office of Child and Youth Protection OCYP@archati.com 24-hour Abuse reporting Hotline 1-888-437-0764



This fall we will again do the Bookbag Project for CASA and DEFACS. Thank you to Shannon Richard, Renette Todd, Charlotte Brown, and Brenda Martin for their contributions to this project already! We will pack the bookbags at the Oct. meeting. When children are removed from their home in the dark of night, often afraid and uncertain, these backpacks are a comfort, and help with the trauma of leaving one place to begin life somewhere else, often in a different school. Items we are collecting in September to add to the book bags are: small blankets or throws, pens, pencils, socks, hair brush/comb, toothbrush, small toothpaste, coloring book/word search/story book, and small toys/stuffed animals. Please, no glue, crayons, markers, or anything that might melt or dry out while the bag is in storage. These bags may sit for sometime before use. We have plenty of notebooks and bookbags. Your help gathering the listed items would be appreciated! You may also make a financial donation and items will be purchased on your behalf. Thanks for your support!

Bookbag Project









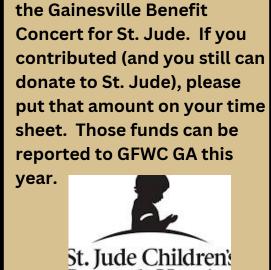


07 PHOENIX NEWSLETTER









Over \$40,000 was raised at







Research Hospita













MEMBERSHIP MOMENT

Everybody's contribution is important and appreciated. This is not a club of just one or two people. Please do not underestimate your contribution or that of anybody else!



FOR HER GLORY LUNCHEON













2024 Highlights

















Preliminary Figures
Raised for FHG:
\$8035.92
Raised for our
club: \$6282.00





ATTENTION GAINESVILLE PHOENIX SHOPPERS!

Labor Day sales are happening now or coming soon. Scour those sales for great items for our Opportunity or Silent Auction items for our next For Her Glory Luncheon.